

**GPS CAS INVITATIONAL MEET - SAT 20 AUGUST 2016 - ES MARKS
(Hosted by Sydney Grammar School and SHORE)**

Results:

Opens:

100m: H Fullerton E 10.69s D Koroka S 10.88s H Whitehead SACS 10.95s
200m: D Koroka S 22.39s H Fullerton E 22.59s J Schoff G 22.81s
400m: A Pryde E 53.97s S Woods E 54.47s M Eaton E 54.50s
800m: A Pryde E 2m05s J Stevens S 2m06s S Woods E 2m07s
1500m: no runners
Open 3000m 18 H Murdoch S 9:39m C Culey E 9m49s N Katsilis H 9:44m
Hurdles: S Hayashi E 16.21s O Lister S 16.52s D Martin E 16.75s
High Jump: A Cerotti E 2m J Macgregor S 1.90m A Tambouz G 1.75m
Long Jump: A Powys S 5.85m W Russell P 5.73m J Ellis X 5.64m
Discus: No Comp
Shot: L Burrows G 13.22m T Yassmin S 12.60m L Antoinette X 12.37m
Javelin: L Burrows G 31.17m O Ottosson G 19.84m
Relay 4x100

U17s:

100m: T Yassmin S 10.95s H Nicholas X 11.15s J Kerry S 11.33s
200m: J Zhao H 22.58s J Hoenig G 22.76s H Nicholas X 22.82s
400m: B Ryan S 51.39s J Schoff G 51.81s T Scribener S 54.46s
800m: B Ryan S 2m J Schoff G 2m02s S Young H 2m06s
1500m: M Weekes S 4m29s N Katsilis H 4m33s S Schofield X 4m39s
Hurdles: J Robinson E 14.83s J Ellis X 15.72 J Zhene H 16.04s
High Jump: A Cudmore E 1.75m M Hall P 1.7m J Hudson S 1.7m
Long Jump: D Parras X 5.95m L Gallant E 5.22m G Byrne G 5.11m
Discus: M Hall P 30.09m B Dawson X 28.70m J Plato R 14.83m
Shot: D Been S 13.86m T Yassmin S 13.71m B Dawson X 12.77m
Javelin: M Hall P 39.82m F Brooks G 32.59m M Parker R 17.83m
Relay: 4x100 17

U16s:

100m: J Economides R 11.06s C McLaren S 11.19s H Wong E 11.21s
200m: J Economides R 22.63s C McLaren S 23.40s J Batten X 23.43s
400m: T KendrickLittle E 52.13s B Baker S 53.16s J Batten X 54.09s
800m: Z Johnson R 2m09s C Fleming S 2m10s J Cope E 2m12s
1500m: C Fleming S 4m30s E Holmstrom H 4m32s C Low S 4m53s
Hurdles: C So H 15.50s T KendrickLittle E 15.58 J Kloster S 15.77
High Jump: C BurgessHoar S 1.85m T Ferguson S 1.8m A Lau G 1.75m
Long Jump: J Economides R 6.18m R Gu H 5.53m J Kwok G 5.49m
Discus: D Hall P 39.48m L Antoinette X 38.24m H Kinsey X 34.39m
Shot: L Antoinette X 13.82m B Wellington S 11.73m C Savala S 11.45m
Javelin: L Jackson R 33.17m H Kinsey X 29.53m E Lowe G 25.76m
Relay: 4x100 16

U15s

100m: D Wan G 10.84s J Challis G 11.19s C Barclay X 11.39s
200m: J Challis G 24.03s O Simons E 24.77s A Chan H 24.84s
400m: J Challis G 55.38s D Williams E 55.78s A Chan H 57.57s
800m: T Hunt P 2m11s M Irving E 2m17s R Heaney E 2m21s
1500m: N Irving E 4m47.45s T Davies G 4m 52.77s D Rebello G 5m 1.03s
Hurdles: T Hunt P 14.38s J Yip H 14.39s O Gao H 14.45s
High Jump: C Perd S 1.83m D Dight E 1.61m F Veeneklaas G 1.61m
Long Jump: C Perd S 5.90m P Dos-SantosLee H 5.60m O Gao H 5.59m
Discus: D Hall P 50.56m F Clarke G 28.01m F Veeneklaas G 21.81m
Shot: R Kidd S 14.38m D Hall P 13.81m B Xitinat E 12.08m
Javelin: D Hall P 46.52m C LindsaySmith G 18.77m F Veeneklaas G 14.54m
Relay 4x100 15

U14s

100m: C Ojah X 11.10s H Dunstan S 11.15s B Maybury E 11.72s
200m: C Ojah X 24.34s H Dunstan S 24.75s B Nguyen H 24.98s
400m: H Dunstan S 55.66s M Madgwick E 56.20s C Latham G 59.20s
800m: M Madgwick E 2.12m J Mentzines G 2.24m P Huang H 2.25m
1500m: M Westhuizen X 4m 41.14s R Poole G 5m 1.56s M Shadbolt E 5m 7.72s
Hurdles: J Atkinson E 14.12s B Nguyen H 14.89s A Guest G 15.51s
High Jump: R Moore E 1.70m C Latham G 1.61m D BroomWaugh G 1.61m
Long Jump: K Lenehan P 5.20m B Nguyen H 5.13m R Moore E 5.06m
Discus: L Chaman X 27.21m J Du Plooy X 25.94m J Delbridge G 18.87m
Shot: L Chaman X 11.12m R Moore E 10.66m E Bavic P 10.15m
Javelin: L Chaman X 26.74m J Du Plooy X 18.49m J Delbridge G 17.94m
Relay 4x100 14 P E X

U13s:

100m: K Hasan H 11.57s S Atkinson E 12.27s R Hemsworth X 12.46s
200m: K Hasan H 24.55s R Hemsworth X 25.64s D Clifton S 26.13s
400m: M McCarthy S 1m 2.22s F Cao H 1m 2.56s J McMahon S 1m 4.08s
800m: L Jeffriess G 2m20s J McMahon S 2m21s D Panozzo P 2m22s
1500m: R Shariff H 4m 58.9s C Herdman X 5m 6.92s C McMullen S 5m 9.34s
Hurdles: R Hemsworth X 12.75s A Little E 13.63s E Cao H 14.46s
High Jump: J Woodcock E 1.5m C Duff E 1.5m D Clifton S 1.45m
Long Jump: K Hasan H 5.39m E Cao H 5.14m J Nonis H 4.92m
Discus: D Clifton S 42.26m R Hemsworth X 25.71m D Jelovic P 24.79m
Shot: D Clifton S 14.79m T Shannon X 12.88m C Cole E 12.19m
Javelin: Z Bannigan X 27.53m R Hemsworth X 26.91m L Jacob R 24.95m
Relay 4x100 13 H 51.82s S E